

| Team | 30 | 31 | 32 | 33 | 34 |
|--------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|
| Head Coach | Brooke Groth | Makenzie Ryniker | Lauren Vanirsen | Matilda Lee | Amelia Hughes |
| Assistant Coach | Lily Groth | Stacey Brown | Olivia Duncan | Isabella Harrison | Tarissa Arnold |
| Apprentice Coach | Chloe Thomas | Payton Wirth | Hannah Duncan | Ebony Bhardwaj | |
| Training Day/Time | Wednesday 5.00 - 6.30 | Wednesday 5.00 - 6.30 | Wednesday 5.00 - 6.30 | Wednesday 5.00 - 6.30 | Wednesday 5.00 - 6.30 |
| | Chloe Arnold | Harper Ando | Saraya Chang | Sophie Arnold | Sienna Cousins |
| | Autumn Egan | Zoe Brown | Ella Rose Constantine | Lily-Grace Bolton | Erin Dempster |
| | Alexa Greenaway | Alice Foot | Kadence Frame | Ruby Crow | Tina Freeman |
| | Indi Horsley | Kate Gildersleeve | Lauryn Higgs | Caitlin Elmslie | Tahlia Harrison |
| | Angie Jones | Poppy Harris | Georgia Mitchell | Lyla Starbuck | Paige Johnston- Patterson |
| | Olivia Keyes | Sienna Kay | Lulu O'Sullivan | Halle Goodenough | Harper Laver |
| | Imogen Mackean | Sienna Nipps | Isla Robinson | Hannah Jordan | Jazmin Milloy |
| | Ella Milentis | Kya-Rose O'Loughlin | Tara Smartt | Cadence Parker | Alisha Nathoo |
| | Indiana Samuels | Neve Saint | Peyton Watson- Smith | Sienna Taddei | Allure Oakes |
| | Laelah Tipene | Rylii Tedesco | Emilia Xia | Milla Williamson | Ruhi Wadia |